**COURSE : Skill Enhancement Course (SEC)**

**TITLE OF THE PAPER : Community Health**

**MARKS : 100 MARKS**

**CREDITS : 3**

**Objectives:**

* Develop a basic understanding of the concept of Community health, well-being and mental health
* Develop an understanding of the major health concern in Indian context

**COURSE CONTENTS:**

**Unit: 1 - Understanding of Community & Community Health**

* 1. Community :- Concept ,Types of Community, Needs of community
  2. Community Health: Concepts, Components, determinants, Indicators of Health Status.
  3. Understanding Diseases: Life style disease, Communicable and Non-communicable (HIV/AIDS,T.B, obesity)

**Unit 2 - Mental Health & Illness**

**2.1** Concept of Mental Health

**2.2** Approaches to Mental Illness: Biological, Psychological and sociological

**2.3** Concept of Abnormal Behavior: Psychoactive substance use disorders,

Stress related, Mood disorders

**Unit III - Health Care Services**-

3.1 Public Health, Health education, Reproductive and Child Health

3.2 Structure of health care services in India: Primary, Secondary and

Tertiary level.

3.3 Major Health Programmes/Policies in India

**3.4** Roles in health settings: Preventive, Primitive and Rehabilitative Services

**Readings:**

Chauhan, D.(1997).Health care in India: A profile. Mumbai: Foundation for Research in Community Health, India.

Park, K., (2006). Preventive and Social Medicine. Jabalpur. Banarasidas BhanotPublishers.

Ramachandras, L. (1990).Health Education: A New Approach. New Delhi: Vikas Publishing House Pvt. Ltd.

Dhooper, S. S. (1997).Social work in Health Care in the 21st Century. Thousand Oaks, CA.: Sage Publications.